

NEUROMODULATOR AFTER CARE

Post Care

- Remain upright for 4 hours after treatment — avoid lying down or bending over
- Gentle facial movement during the first hour is optional and may be performed if desired
- Do not rub, massage, or apply pressure to the treated areas for 24 hours
- Avoid strenuous exercise, heavy sweating, and heat exposure (saunas, hot tubs, hot yoga) for 24 hours
- Avoid alcohol for 24 hours
- You may apply a cool compress gently if needed for comfort
- Avoid facials, microdermabrasion, or other facial treatments for 2 weeks

What to Expect

- Small bumps, redness, or pinpoint bleeding at injection sites usually resolve within minutes to a few hours
- Mild bruising, tenderness, or a headache can occur and typically resolves within a few days
- Onset of effect begins in 3–5 days, with full results by about 14 days
- Results generally last 3–4 months, although duration varies by product, treatment area, and individual metabolism

CALL OUR OFFICE IMMEDIATELY

Newport Beach: 949.650.8882 **Beverly Hills:** 310.467.2180

Contact us right away if you experience any of the following:

- Spreading redness, warmth, pus, or fever
- Difficulty swallowing, breathing, or significant muscle weakness
- Drooping of the eyelid or difficulty opening the eye
- Hives, widespread itching, or swelling of the face or throat

For life-threatening symptoms, always call 911 or go to the nearest emergency room first.

Questions or concerns? Please contact our office—we're happy to help.

Optimal healing leads to optimal results. Thank you for trusting Batniji Facial Plastic Surgery.