

Your recovery is just as important as your treatment.

MOXI AFTER CARE

Post Care

- Cleanse skin with a gentle cleanser twice daily
- Apply moisturizer when skin feels dry and wear broad-spectrum SPF 30+ daily
- Apply a cold compress to decrease swelling
- Avoid strenuous exercise, heavy sweating, and heat exposure (saunas, hot tubs, hot yoga) for 24–48 hours
- Acetaminophen may be used if needed; avoid NSAIDs if bruising is a concern unless otherwise directed
- Extended sun precautions for several weeks help prevent post-inflammatory hyperpigmentation, especially in deeper skin tones
- Resume retinoids and other active skincare products only after the skin has completely healed or as directed by your provider
- If you have a history of cold sores (herpes simplex), let us know — we may prescribe an antiviral before or after treatment

Post Care Regimen

- Night of treatment: Apply exosomes
- AM and PM for the next 5–7 days:
 - AM: Cleanse with Gentle Cleanser, apply Re-Hydrate serum, Refresh moisturizer, and Defense broad-spectrum SPF 30+
 - PM: Cleanse with Gentle Cleanser, apply Re-Hydrate serum, Refresh moisturizer

What to Expect

- The treated area may be warm for 1–2 hours after treatment; warmth may continue for 12–24 hours
- Redness is normal and expected, and can persist for up to 7 days depending on the intensity of treatment
- MENDs (microscopic epidermal necrotic debris) will appear on the 2nd or 3rd day as tiny dark spots and a bronzed appearance — DO NOT scratch, exfoliate, or intentionally remove them
- Skin may feel rough or "sandpaper-like" before the MENDs naturally shed
- Mild itching during healing is common and does not usually indicate an allergic reaction
- Swelling can occur and is typically expected immediately after treatment

CALL OUR OFFICE IMMEDIATELY

Newport Beach: 949.650.8882 **Beverly Hills:** 310.467.2180

Contact us right away if you experience any of the following:

- Increasing pain instead of gradual improvement
- Spreading redness, warmth, pus, or fever
- Blistering, or grouped painful blisters suggesting a cold sore outbreak

For life-threatening symptoms, always call 911 or go to the nearest emergency room first.

Questions or concerns? Please contact our office—we're happy to help.

Optimal healing leads to optimal results. Thank you for trusting Batniji Facial Plastic Surgery.