

VI Peel

Aftercare Instructions

Day 1 (day of peel)

- Please inform us if you have a history of fever blisters as you may benefit from anti-viral medication.
- Do not wash face.
- Avoid sun exposure.
- Do not apply SPF, makeup, or moisturizer.
- Apply 1 post-peel towelette to treated areas prior to bedtime.

Day 2

- In the morning, wash face with Cetaphil Gentle Cleanser.
- After washing the face in the morning, apply VI Derm Post Peel Protectant (moisturizer) to entire face.
- Apply VI Derm SPF to entire face.
- Re-apply VI Derm Post Peel Protectant (moisturizer) and VI Derm SPF at least 3 times throughout the day.
- 1 hour prior to bedtime, wash face with Cetaphil Gentle Cleanser.
- Pat dry (do not wipe).
- Apply 1 post-peel towelette to treated areas prior to bedtime.

Day 3-7

- Wash face with Cetaphil Gentle Cleanser.
- Pat dry (do not wipe).
- Apply VI Derm Post Peel Protectant (moisturizer) and VI Derm SPF to treated areas. Re-apply VI Derm Post Peel Protectant (moisturizer) and VI Derm SPF at least 3 times throughout the day.
- Do not pick peeled skin as this may lead to pigmentation.
- Depending upon your skin type and skin condition, you may benefit from a bleaching agent 1 week after your peel to minimize pigmentation.
- When peeling is complete, you may begin using your regular skin care products at this time; however, avoid the use of exfoliating products for approximately 6 weeks.
- Sunblock is essential to maintain your results. We recommend Colorescience SPF 30, EltaMD UV Clear SPF 46, UV Sport SPF 50 or UV Daily SPF 40.
- You may benefit from more than one VI Peel treatment; we recommend the VI Peel every 2-4 months for maintenance therapy.

Please contact us at 949.650.8882 if you have any questions or concerns.